

SUPPORTING HEALING — & — HOPE

2023 Methodist Healthcare
Foundation Annual Report



Our Foundation's Mission

To uplift Methodist Le Bonheur Healthcare's compassionate care for our entire community through philanthropy, health advocacy and a vision of healing and hope.

MLH Vision

Methodist Le Bonheur Healthcare will be nationally recognized for excellence in clinical quality, patient safety and compassionate care to improve every life we touch.

MLH Values

Service, Quality, Integrity, Teamwork, Innovation

A MESSAGE OF GRATITUDE

Dear Friends,

2023 proved to be a truly remarkable year for the Methodist Healthcare Foundation and our impact on the communities we serve. We were able to raise more than \$8.6 million for the Foundation, infusing vital support into Methodist Le Bonheur Healthcare's areas of need and community health programming.

We also saw tremendous achievements across our healthcare system, a testament to the dedication of Methodist Le Bonheur Healthcare (MLH) Associates and providers. We are proud that MLH – with more than 12,000 Associates and hundreds of thousands of patients – is the largest healthcare provider in our area, providing quality, compassionate care.

We never lose sight of the impact that the Methodist Healthcare Foundation has. The help we are able to provide our entire community, including our most vulnerable, underserved and uninsured patients and families, is made possible by you. Your support helps to serve our community in numerous ways, from improving patients' access to healthy food, to treating sickle cell disease, to hosting a grief camp for children coping with the loss of a loved one, to providing reading tutoring in high-need neighborhoods.

In this annual report, we are excited to share stories of the hope, healing and impact that was made possible by your support.

Thank you on behalf of the Methodist Healthcare Foundation Board, team members, our families and our healthcare system, led by MLH President & CEO, Michael Ugwueke, DHA, FACHE. Together, we look forward to carrying our Foundation's vision of healing and hope onward.



Zach Pretzer, CFRE, President
Methodist Healthcare Foundation

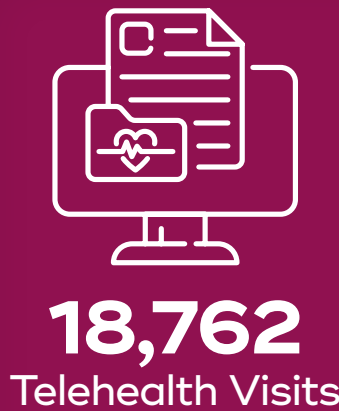
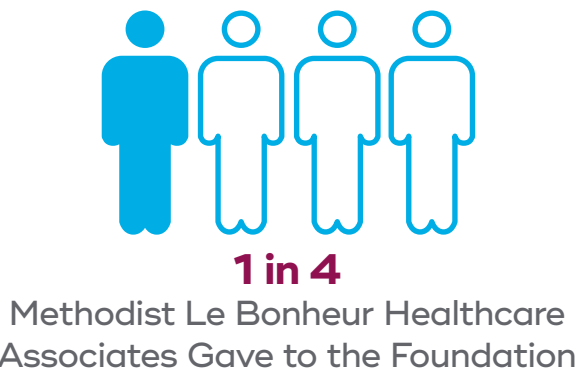
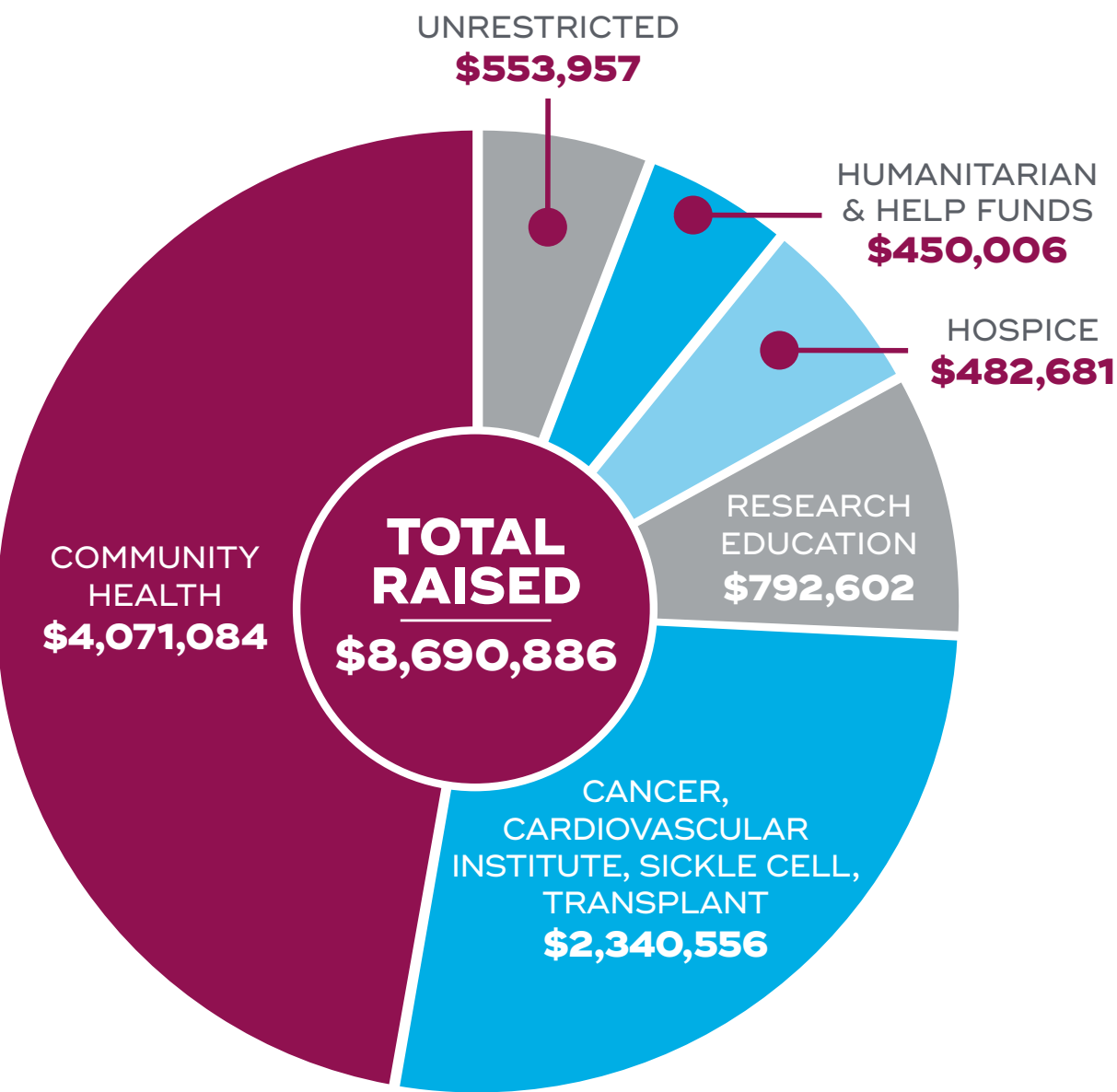


Michael Drake, 2023 Board Chair
Methodist Healthcare Foundation



2023 BY THE NUMBERS

Revenue by Area of Support • **Total Raised: \$8,690,886**





“My dad’s work was often behind the scenes, so we wanted to honor his life by creating a special space that would welcome people to the hospital where he spent the majority of his career.”

– Chirag Chauhan

A LEGACY OF **GENEROSITY**

Family Honors the Memory of Beloved Anesthesiologist, Dr. Dinesh Chauhan, with Gift to The Pavilion at Methodist Le Bonheur Germantown Hospital

When the late Dinesh Chauhan, MD moved to Memphis in 1977, he began what would be a lifetime commitment and enduring legacy of giving back to the community. A respected anesthesiologist, he was also a beloved teacher, philanthropist and volunteer.

Dr. Chauhan’s anesthesiology practice was closely connected to obstetrics, including a long-time affiliation with Methodist Le Bonheur Germantown Hospital. His legacy includes a vast network of grateful patients who received excellent care, as well as students with whom he forged enduring relationships.

Wishing to honor Dr. Chauhan after his passing, his family—including sons, Chirag, a financial advisor and managing partner at Bluff City Advisory Group, and Ravi, a urologist with The Conrad Pearson Clinic, along with their respective wives, Mandy and Heather, and children, Cole, Blake, Reid and Claire—strived to continue his philanthropic work. To honor Dr. Chauhan and his legacy of giving back to the community, his family presented the Methodist Healthcare Foundation with a generous gift to support the renovation of the Expectant Parent Waiting Room in The Pavilion at Methodist Le Bonheur Germantown.

“My dad’s work was often behind the scenes, so we wanted to honor his life by creating a special space that would welcome people to the hospital where he spent the majority of his career,” said Chirag. “We’re grateful to be able to continue his legacy of giving. This room is a testament to his generous spirit and commitment to serving others.”

The Expectant Parent Waiting Room is a wonderful addition to the top-level amenities of The Pavilion, providing a tranquil space for families to unwind during the exciting but often stressful wait when anticipating the arrival of a new baby. The Chauhan family gathered in January 2024 for a blessing of the new room.

“We are immensely grateful to the entire Chauhan family for nearly two decades of support for our patients, families and caregivers at Methodist Le Bonheur Healthcare,” said Zach Pretzer, President of the Methodist Healthcare Foundation.

“Our Foundation’s mission to serve our entire community is made possible because of the generosity of supporters like the Chauhan family.”





"We value our relationship with the Methodist Healthcare Foundation and the opportunity to work with inspiring people focused on benefiting our community."

- Casey Condra

IMPACTFUL SUPPORT

Orion Federal Credit Union Continues Proud Tradition of Sponsoring Methodist Le Bonheur Healthcare Programs

Founded in 1957, Orion Federal Credit Union is the largest credit union in the Mid-South. A fixture in the community for more than 60 years, Orion's investment in both the Mid-South and the Methodist Healthcare Foundation is well-established. Orion's generosity has been especially visible in its continued support for Methodist Le Bonheur Healthcare's treatment and research efforts focusing on sickle cell disease.

"We're incredibly proud of our tradition of supporting important and impactful community non-profits," said Orion Chief Marketing Officer and Methodist Healthcare Foundation Board member, Casey Condra. "We value our relationship with the Methodist Healthcare Foundation and the opportunity to work with inspiring people focused on benefiting our community."

Partnering with former Memphis Grizzlies player, Mike Conley, and his wife, Mary Conley, a former Methodist Healthcare Foundation Board member, Orion has been a presenting sponsor of one of the Foundation's signature events, Sips for Sickle Cell, since its inception.

"Orion employees are encouraged to participate in the Methodist Healthcare Foundation's many community outreach activities," said Condra. "We're proud of our longstanding partnership with the Foundation, supporting important initiatives such as the Sickle Cell Center and the annual back-to-school backpack giveaway."

"Orion Federal Credit Union has been such an incredible partner to our Foundation and Methodist Le Bonheur Healthcare for the past decade," said Zach Pretzer, Foundation President.

"Our Foundation relies heavily on the generosity of corporate partners such as Orion to make a true difference in the health and lives of our community. Orion really leads by example in demonstrating compassion, charity and caring for our underserved communities in particular, and we are beyond grateful for their contributions and partnership."



Consecutive Giving Donor Societies

- Sherard Society: 20+ years
- Healers: 15+ years
- Innovators: 10+ years
- Builders: 5+ years



“Each one of us has the ability to better our community and make a lasting difference in the lives of others.”

– Sally Aldrich

STEADFAST PHILANTHROPY

New Sherard Society Honors Longtime Foundation Donors

The Sherard Society, one of four new giving societies launched by the Methodist Healthcare Foundation in 2022, recognizes the commitment of donors who have generously supported the Methodist Healthcare Foundation for 20 or more years.

The society is named after Methodist Le Bonheur Healthcare founder, John Sherard, who traveled to Memphis from Mississippi in 1899 to visit his pastor in the charity ward of a hospital in Memphis. Shocked by the conditions of available healthcare options and troubled that Memphis had no Methodist hospital, Sherard was determined to build one. His belief that people are obligated to care for each other inspired a campaign to create a hospital that would be “a powerful factor in reaching the hearts of the people and strengthening their faith.”

Nearly 20 years later, in 1918, Sherard’s efforts culminated in the establishment of the first standalone Methodist Hospital in the region. The Sherard Society’s name reflects a rich history spanning more than a century and is befitting for the group of the Foundation’s most dedicated donors. It is also meaningful that many Sherard Society members are former MLH Associates.

The inaugural Sherard Society event took place in September 2023 at the beautiful riverside home of Sally Aldrich, Foundation Board Vice Chair and Sherard Society member. Aldrich is the former Chief Nursing Officer of the MLH Affiliated Services Division, which oversees the Methodist Hospice Residence.

Reflecting on her experience with MLH, Aldrich said, “Hospice was something very tangible to me. Here’s this structure that represents the best about Methodist: caring for people less fortunate, caring for people at the end of life. That’s what I did, and that’s what I cared about. Hospice gave me a vehicle to give to Methodist year after year.”

Aldrich emphasized the importance of loyal giving, noting, “It’s about creating something that lasts, something that will stand the test of time, through changes and challenges. The belief in our mission, our commitment to provide care and compassion to all—this defines the spirit of the Sherard Society. By supporting the work of the Foundation, we are continuing John Sherard’s legacy, recognizing that each one of us has the ability to better our community and make a lasting difference in the lives of others. The name Sherard embodies steadfastness.”





Healthier 901 empowers and supports our community in adopting a healthier lifestyle, getting more active, losing weight and enjoying the subsequent benefits.

HEALTHIER 901

Methodist Initiative Supports Community in Becoming Healthier

In September 2023, Methodist Le Bonheur Healthcare launched Healthier 901, a bold new initiative that issues a challenge to the Mid-South: become a healthier community by losing a collective one million pounds over three years.

Our most recent Community Health Needs Assessment identified cardiovascular disease and cancer as the first and second leading causes of death in the Memphis area. Reflecting MLH's responsiveness to our community's health needs, Healthier 901 was created to reduce our risk for these conditions by tackling a prime risk factor for both: obesity. Memphis is one of the heaviest cities in the United States, with obesity affecting over one-third of our population. That means 1 in 3 Memphians face significantly higher risk factors for chronic and life-threatening conditions.

The movement officially kicked off with the Healthier 901 Fest at Shelby Farms Park. Thousands of attendees enjoyed an action-packed day led by co-emcees MLH President and CEO, Michael Ugwueke, DHA, FACHE, and Sherri Shepherd, actress and Emmy Award-winning talk show host. Participants enjoyed exercise sessions with the YMCA and certified personal

trainer, Ricky Dortch, healthy cooking demonstrations with Chefs Kelly English and Chris Beavers, family-friendly activities and more.

Individuals, churches, schools and businesses have stepped up to our challenge, making use of the Healthier 901 app, which offers a convenient way to record weight loss, track fitness activities, log meals, discover healthy tips and chat with community members.

Healthier 901 truly represents a community effort. As a powerful voice in community health, MLH took the lead, organizing a unified front of gyms and fitness centers, restaurants that offer healthier options, exercise advocates and local businesses to equip our community with the resources to lose weight and live healthier lives.

Along with partners across our community, Healthier 901 is made possible by the generosity of sponsors Cigna Healthcare, Kroger, Nike, Action News 5 and the YMCA.

For more information, please visit Healthier901.com.



METHODIST HEALTHCARE FOUNDATION EVENTS

Uniting in Giving to Support Methodist Le Bonheur Healthcare



METHODIST HEALTHCARE GOLF CLASSIC

A sold-out slate of **32** teams enjoyed a spirited round of golf and fellowship at the **23rd** annual Classic in July. We are grateful for the generosity of our sponsors and golfers, including title sponsors, **Turner Construction** and **HHS**, for helping us raise more than **\$228,000**.



LIVING WELL NETWORK MENTAL HEALTH BREAKFAST

Emmy Award-winning actor **Joe Pantoliano** inspired attendees of this May event by sharing compelling personal stories. The actor shared his personal battle with depression and his journey to becoming a mental health advocate throughout his extensive film and television career. The event benefits the **Dennis H. Jones Living Well Network**, which helps provide access to mental health resources and community education and connects individuals to care. Special thanks to our title sponsor, **Cigna Healthcare**, and **350** attendees, who helped us raise nearly **\$130,000** to support this urgently needed community resource.



SIPS FOR SICKLE CELL

Building on the success of the inaugural event in 2022, we held our second event at the **Dixon Gallery and Gardens** in September. HGTV star **Carmeon Hamilton** entertained **250** guests with a creative cocktail-making demonstration while attendees enjoyed great weather, food and music. The event raised nearly **\$78,000** in support of the **Methodist Comprehensive Sickle Cell Center**. Special thanks to our presenting sponsors, **Orion Federal Credit Union** and **Vitalant**, as well as long-time supporters of our sickle cell program, **Mary and Mike Conley**.

NIGHT LIFE FOR METHODIST HOSPICE

Bluegrass dynamos, **Yonder Mountain String Band**, brought their talents to Memphis for the **11th** annual event at **Minglewood Hall** in October. Over **400** guests enjoyed a rousing show and a delicious dinner provided by **Hospital Hospitality Services**. In addition, **Chef Tam** shared a personal video about the compassionate care her uncle received at Methodist Le Bonheur Healthcare during his final days. The touching presentation was a reminder to all of the purpose of this signature event. Thank you to our donors and sponsors, including presenting sponsor, **Magnolia Homes**, and all-access sponsors, **Agincourt Capital Management** and **Cigna Healthcare**. Because of their generosity, we raised more than **\$110,000** to support Methodist Hospice's mission to provide compassionate, quality end-of-life care to our community.



METHODIST HEALTHCARE LUNCHEON

In November, we welcomed award-winning actor and child literacy advocate, **Taye Diggs**, to this annual event. Held at **The Peabody Memphis**, more than **700** guests shared laughs and a lively conversation spanning Diggs's extensive film, television and Broadway career, his family's health struggles and his experiences as a father. Thanks to sponsors **MAA**, **Shelby County Government**, **United Healthcare**, **Rita & David Hankins**, **Cheryl & Bill Stegbauer**, and all our guests who helped raise more than **\$235,000** to support the faith-based healing mission of Methodist Le Bonheur Healthcare.



MY SISTER'S KEEPER ANNUAL SUMMIT



YOUR SUPPORT INSPIRES OUR MISSION.



THANK YOU, 2023 DONORS!

In lieu of a printed list, 2023 donors are recognized on our website.
We are grateful for your support and the meaningful impact our donors allow us to make in our community.
Please visit www.methodisthealth.org/foundationdonors to see the full list.



2024 METHODIST LE BONHEUR
HEALTHCARE SYSTEM
LEADERSHIP TEAM

- Michael Ugwueke, MPA, DHA, FACHE**
President & CEO
- Monica Wharton, JD, FACHE**
Executive Vice President &
Chief Operating Officer
- Sarah Colley, MHA, JD**
Senior Vice President &
Chief Human Resources Officer
- Kate Dowd, JD**
Senior Vice President &
Chief Legal Officer
- Cato Johnson**
Senior Vice President & Chief of Staff,
Public Policy & Regulatory Affairs
- Chuck Lane**
Senior Vice President &
Chief Financial Officer
- Wayne Lipson, MD**
Senior Vice President &
Chief Medical Officer
- Tina Haskins Smith**
Senior Vice President &
Chief Information Officer

2024 METHODIST HEALTHCARE
FOUNDATION STAFF

- Zach Pretzer, CFRE**
President
- Lori Dale-Bratton**
Director of Funds Management
- Elizabeth Ennis**
Manager of Annual Giving
- JoAnn Franklin**
Donor Relations Coordinator
- Bandar Khattab**
Development Specialist
- Joey Maurizi, CFRE**
Director of Development
- Leanne McQuown**
Director of Major Gifts
- Brian Meyers, JD**
Manager of Grants & Communications
- Special thanks to Cameron Mann and
Bailey Curtright for their contributions
to the Methodist Healthcare Foundation
team in 2023.*

2024 METHODIST HEALTHCARE
FOUNDATION BOARD OF
DIRECTORS

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- Sally Aldrich**
Vice Chair
- Casey Condra**
Assistant Secretary
- Karen Garner**
Assistant Treasurer
- Zach Pretzer, CFRE**
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- Monica Wharton, JD, FACHE**
Ex-Officio Secretary,
MLH Senior Leader Representative
- Chuck Lane**
Ex-Officio Treasurer
- Dana Armstrong**
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- Schorr Behnke, MD**
- Chirag Chauhan**
- David Hankins**
- Lori Patton**



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